

# BAT SCAN



Sioux City, Iowa

## Table of Contents

Maple Flag 2001	1
Commander's Comments	2
Note to Soon-to-be-Retirees	2
185th Night at the Ballpark	2
Base Tours	2
A Reminder...	2
Receive Family Readiness	
Updates by E-mail	2
Attention All Personnel	2
Command Chief Comments	3
Taking Care of Business	3
Employer Award	3
First Rate Honor Guard	4
Notes for July UTA	5
Promotions	5
Coming Up... The 2001 Air Show!	5
Busy, Busy, Busy.	5
New Secretary of the Air Force	5
Time to Make a Will	6
Upcoming Events	6
Welcome New Recruits	6
RATS Page	7
Hoops for Hearts	7

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Wing Commander  
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July 2001

Volume 7

## Maple Flag 2001 — Air Combat Training in Canada

*Information provided by TSgt Vince DeGroot and MSgt Terry Turner, ret*

This spring's "MAPLE FLAG" in Canada was one of the largest in the history of that international air combat exercise, and about 80 people and seven F-16's from the 185<sup>th</sup> were part of it in May and June. The exercise dates back to 1978.

MAPLE FLAG is a Canadian adaptation of the U.S. Air Force's "RED FLAG" Exercise at Nellis AFB, Nevada. That training, to improve the performance of aircrews and enhance their ability to survive warfare, began in 1975. Both exercises provide important, realistic training in modern simulated air combat environments, but their terrain differs.



*photo by Vince DeGroot*

Major Joeseeph Becker (right)  
with MSgt Keith Lorenzen  
(left) and SSgt Ron Gray,  
Maple Flag



*photo by Vince DeGroot*

SSgt Ron Gray

The very large Cold Lake Air Weapons Range in Canada is heavily forested. It resembles European topography, different from the desert conditions in Nevada.

Major Brian Miller, a 185<sup>th</sup> pilot who was the unit's project officer for the MAPLE FLAG

deployment, says the exercise "gives us a chance to work with Air Forces from around the world to better integrate how we do things and see how other units operate."

This year, 18 nations took part in the training.

## Commander's Comments

by Col Menefee



How Solid Is Your Foundation?

Building a solid foundation is so important in achieving your dreams. Whether we are buying a home, looking to join an organization, or trying to take care of our family, a strong foundation has a profound impact on the results. For those of you who are familiar with Stephen Covey, he talks about the four dimensions of renewal: mental, spiritual, social/emotional and

physical. The dimension I would like to say a few words about is the physical dimension — a dimension that has such an important role in laying the foundation for the other areas of our life.

By the time you receive this Bat Scan we will be approaching our yearly fitness requirement, the “Fun Run.” Many times we approach this tasking as just another requirement, begrudgingly fill the square, and then forget about it for another year. My challenge to all unit members is that maybe we can think of this July event as a transformation of thinking that will trigger a life style change in all of us.

All of us have dreams, or maybe should develop dreams, of what we want to accomplish in life. Obviously, good health and wellness will go a long ways toward accomplishing these dreams and goals. We all need to care effectively for our bodies — eating the right kinds of foods, getting sufficient rest and relaxation, and exercising on a regular basis. Exercise can be one of those activities that most of us don't do consistently because it isn't urgent. As a result of not doing it, sooner or later we find ourselves in a crisis situation dealing with health problems that come as a natural result of our neglect.

Most of us think we don't have enough time to exercise. What a distorted paradigm! We don't have time not to. Most experts agree that it only takes three to six hours a week – or a minimum of thirty minutes a day, every other day. This hardly seems an inordinate amount of time considering the tremendous benefits in terms of the other 162-165 hours of the week.

So come on, this July UTA let us get serious and mark this the starting point at which we begin to exercise our bodies on a regular basis in a way that will preserve and enhance our capacity to achieve our dreams, whatever they may be. See you on the starting line!

## Note to Soon-to-be-Retirees

People who retire from the 185<sup>th</sup> will not automatically continue to receive this newspaper, the **Bat Scan**, in the mail. It will be up to the individual to make their preference known. MSgt Lori Risdal is the contact person for this. If you will be retiring soon, and you want to keep getting the Bat Scan at your residence, please let her know.

You can call 233-0502 for that purpose.

## Attention All Personnel

From MSgt Mike Schreck, First Sergeant

**For anybody deploying this fall in an AEF or ECS deployment, the July UTA 14<sup>th</sup> and 15<sup>th</sup>, will be a mandatory drill.** There will be a processing line set up in the main hangar to accomplish a great majority of our requirements for the upcoming AEF deployments throughout the remainder of the year. If you have any questions, please contact your supervisors.

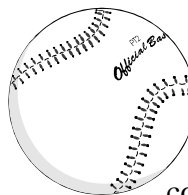
## Base Tours

If you have a group of people who would like to tour the 185<sup>th</sup> please contact MSG Lori Risdal at 233-0502. Please make arrangements at least one week prior to the tour date to allow us to coordinate tour guides. Due to limited time to meet training requirements, there will be no tours on weekends. The only exception to the “no weekend” rule is if the guard member requesting the tour is the guide for their group. Thank you. If you have any questions contact Major Briggs at 233-0809.

## Receive Family Readiness Updates by E-mail

The Family Readiness Group has started sending out Family Readiness News via E-mail. This information is family-oriented, with articles concerning parenting or family issues and upcoming 185<sup>th</sup> activities. If you would like to become part of our mailing list, please send an E-mail with your name and email address to [lori.risdal@iasiou.af.mil](mailto:lori.risdal@iasiou.af.mil), or call MSgt Lori Risdal at 712-233-0502. Articles, websites or other information useful to 185<sup>th</sup> members and their families may be sent to MSgt Risdal, and will be passed on via our electronic Family Readiness News.

## 185th Night at the Ballpark



Mark your calendars for Saturday, July 14. Tickets will be on sale through noon on July 14 for \$5/person.

There will be a tailgate party with food and soft drinks. For any further questions contact MSgt Al Mast 233-0537.

## A Reminder...

The ROPES course for people ages 13-17 who are related to members of the 185<sup>th</sup> will be held Saturday, 14 July from 0800-1500. Participants may bring one friend in the same age range with them to take part in the course. Pre-registration was required. This is a reminder of the event for people who registered by the June 26 deadline. Contact: MSgt Lori Risdal 233-0502.



## Command Chief Comments

*Brendan R. Burchard, CMSgt.  
Command Chief Master Sergeant*

From 10-14 May I had the opportunity to attend the World Wide Command Chief Master Sergeant's Conference at Maxwell AFB, AL, and from 14-18 May, the Enlisted Leadership Symposium at Reno, NV. Both of these were high-powered conferences with information and motivation flying all over the place. At Maxwell, (Gunter Annex) we had the opportunity to participate in the dedication of the Air National Guard display at the Enlisted Heritage Hall. The honoree for this unveiling was none other than **CMSgt (Ret.) Paul Langford**, who at age 81 is in remarkable condition. Chief Langford is a survivor of the infamous Bataan Death March, and several brutal years as a Prisoner of War (POW) of the Japanese. At the Training and Education Center (TEC) in McGhee-Tyson, Knoxville, TN, he is a legend for his vision and dedication to Professional Military Education (PME). He is a classic example of our fast disappearing (1100 per day) WWII veterans who have left us an unparalleled legacy.

In Reno at the Enlisted Symposium, I was joined by **MSgt Tom Baker** who was afforded recognition as our states representative for the Senior Airman of the Year. Also given recognition were the national selections for Airman of the Year (AOY). Iowa is well represented here. Of the four categories, Iowa has two of them. **SSgt Peter Bowen** from the 133<sup>rd</sup> in Ft. Dodge is the national selection in the NCO of the year category. This is a *great honor* for the 133<sup>rd</sup>, and our sincere congratulations go out to **Lt Col Brietbach** and the men and women of the 133<sup>rd</sup>. Also representing Iowa is **MSgt Christine Clay** in the Senior NCO category. MSgt Clay was born and raised in Sioux City, and at one time we had, or still have, four (4) of her siblings (Aaron, Shelly, Rhonda and Cindy) in the 185<sup>th</sup>. We let Christine get away from us. Both of these AOY were honored in weeklong festivities in Washington D.C. in June.

Two of the speakers at the Enlisted Symposium are Medal of Honor (MOH) winners. One, **Peter Lemon**, is one of the youngest living recipients of the M.O.H. Mr. Lemon almost lived in denial of the Medal for many years, until he came to the realization that he could use his speaking talents to represent all those who never earned a M.O.H. but were heroes nonetheless. The other M.O.H. speaker was impressive indeed. He is **Patrick Cleburne McClary, III**. His very appearance commands attention and respect. A Vietnam Veteran, McClary still wears his Marine Corps uniform when speaking to groups such as this. I write from his biography "While deep in enemy territory on their 19<sup>th</sup> recon patrol, Lt. McClary and his unit engaged in hand to hand combat with the enemy. Suffering severe injuries (from two separate grenades), which included losing both his left arm and eye, and mauling his right hand, Lt. McClary con-



tinued to lead his men. Injured seven times, McClary subsequently underwent thirty-four reconstructive surgeries". After listening to Lt. McClary and his contagious positive attitude, all of those "little problems" we often have seem pretty insignificant.

Just coming off of Memorial Day we were reminded of the huge debt that we owe to so many. When I travel I tend to usually travel in uniform, which often leads me into conversations with veterans. On a suggestion I picked up up from someone else, I try to always thank them for what they have done for this country. You would be amazed the affect that this has on them. We have many heroes in our midst. One of our local heroes, **Col. George "Bud" Day**, USAF, Ret. enjoys considerable mention in **John McCain's** book, **Faith of our Fathers**, which only enhances his already huge reputation. I recommend this book. See you next time.

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## Taking Care of Business

We had a great turnout for the Family Information Fair on May drill, despite the miserable weather most of the day. It is great to see so many of you take your family readiness issues seriously and prepare your family for deployment and other family separations. If you were unable to take care of this during the Family Information Day, ID cards for spouses and children over age 10 are issued Tuesdays and Thursdays from 1300 – 1500. ID cards can be issued UTA weekends and Tuesday – Friday by appointment only. Please contact Customer Service at 712-233-0534 for more information. The Legal Office is available on UTA weekends to make wills and powers of attorney for both you and your spouse, or to discuss private personal civil matters. This is a great benefit that you can take advantage of. Call the Legal Office at 712-233-0737 on UTA weekends to make your appointment.

Many members are deploying throughout the year with AEF commitments and other deployments. It just makes sense to give your family the peace of mind of knowing everything is taken care of at home. The Family Readiness Office has checklists; pamphlets and other information to help you take care of family care plans, home and vehicle checkups, and budgeting. You can pick these up at Bldg 269 (Headquarters), room 38, off the Chaplain's Office.

If you have any questions or concerns regarding family readiness, you can contact MSgt Lori Risdal at 712-233-0502 or email her at [lori.risdal@iasiou.ang.af.mil](mailto:lori.risdal@iasiou.ang.af.mil).

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## Employer Award

The National Guard has established 2001 as the "Year of the Employer" in an effort to recognize and strengthen employer support and to better educate the business community about the National Guard.

If you would like to recognize your employer, please complete a "My Boss is a Patriot" award nomination form. A certificate is given to all employers nominated. The nomination forms are available from Maj Kerry Gill ext 0738, Maj Briggs, 0809, or online @ [esgr.org](http://esgr.org).

## First Rate Honor Guard

All of the members of the 185<sup>th</sup>'s Honor Guard have reason to take a great deal of pride in their many accomplishments. Their volunteer spirit and dedication to duty serve as an inspiration to other members of the unit and the many civilians who have had an opportunity to attend events that have featured our Honor Guard. It is a special group of talented professionals. Three of them, MSgt Helen Gugat, MSgt Gene Christiansen and SMSgt Don Keeler recently graduated from a week-long Honor Guard Course at Offutt, AFB, in Nebraska. Certificates they received include the Offutt Air Force Base Honor Guard Creed. It is impressive. Here is an excerpt from it:

"I have earned the right to wear the ceremonial uniform, one which is honored in rich tradition and history.

I am superbly conditioned to perfect all movements throughout every drill and Ceremony.

The level in which I perform will never be dictated by the type of ceremony, the severity of the temperature, nor the size of the crowd."

To all the members of the 185<sup>th</sup> Fighter Wing's Honor Guard listed here please know your commitment, hard work and talents are very much appreciated!

Connie Miller (Honor Guard NCOIC)

Gene Christiansen

Corey Kass

Wendy Thompson

Don Keeler

Dave Kenagy

Kara Kuester

Mike LaCroix

Anita Mack

Al Mast

Michelle Mast

Michele Molstad

Larry Pierce

Lori Risdal

Pearl Rohmiller

Gary Rohmiller

Al Rouse

Jim Schneider

Michael Schreck

Neal Stokes

Merlin Thompson

Tim Higgins

Steve Kanaly

William Prato

Nathan Sands

Tom Baker

Lori Bobier

Barry Bower

Denise Brink

Deb Carson

Scott Clayton

Jason Deuhr

Paul Dunn

Brandon East

John Ebner

Tom Fergen

Angela Gross

Helen Gugat

Scott Haberer

Tom Hanson

Chuck Heald



*At a recent staff meeting ceremony, Col Dennis Menefee read citations that accompanied the symbols of distinction awarded to SMSgt Don Keeler and MSgt Gene Christiansen upon their graduation from Honor Guard training at Offutt AFB.*

A special thank you to CMSgt (ret.) Roger Stolen who was instrumental in establishing the 185<sup>th</sup>'s Flag Presentation Team in 1976.

## Notes for July UTA

Due to deployments and AEF briefings the meals for July UTA will be catered.

Meals furnished by Central Catering and served from the dining facility.

New dining hours for July UTA only are 1100 thru 1330 both days.

Breakfast will be normal hours Sunday am from 0545-0645. Breakfast will be prepared and served by the 185<sup>th</sup> Services Flight personnel.

**Request all lodging needs for July ASAP**, to help facilitate all request. We are expecting a larger number of request for July UTA. **Don't wait until the last minute to request lodging. Services only has so many rooms to work with, first come first served, unless you like a GP medium with cots and the great outdoors.** If you have questions, contact MSgt James Kolls at 233-0729.

## Promotions

Paul Dunn	CMSgt	Danny Jones
David Anderson Mark Vandromme Foster Ellis	SMSgt	Leonard Berg James Wagner
Rebecca Moritz David Duval Claire Welte, Jr	MSgt	Michael Hill Gary Foster
Raymond Dozler John Lynott	TSgt	Kimberly Svendsen
Justin Swanson	SSgt	Brian Roupe
Andrew Johnson	SrA	
Gabriel Tramp Jacob Fischer Kyle Fleischer	A1C	Alicia Root Kara VanderMolen Sarah Orwig

## Coming Up... The 2001 Air Show!

**8 and 9 September. The Thunderbirds will be here 9 September!** Static displays will offer the opportunity to see a range of aircraft including a B-25 and P-51 from the World War II era, and many of the U.S. Air Force and Navy aircraft being flown today.

## Busy, Busy, Busy.

The July UTA will be a busy time for the entire unit, and particularly for people who will be deploying this fall. There is, of course, the annual physical requirement—the brisk walk (or for regular runners—the Fun Run). New this year is the practice for new requirements that take effect next year – the push-ups and crunches (sit-ups). The fitness tests will be conducted at 0800 and 1000 hrs both days of the July UTA. Each section is requested to send at least ¼ of its assigned personnel to each of those periods so the requirements can be met in an orderly manner. It will be important to remember to bring the **proper attire** for such endeavors along with towels, the right type of shoes, etc.

Then too, there's the matter of getting BDU's of the right type (sand) ready for those who will be deploying this fall. There are stripes, patches and name tags to apply.

There will be a processing line set up for people who will be going overseas later this year. Many of the things that must be accomplished will be taken care of at that time.

The July UTA will be the time to wrap up the majority of pre-deployment requirements. The Medical Squadron Commander is encouraging members who have business they are scheduled for at the Clinic to complete it as soon as possible instead of waiting until August or September.

14 and 15 July will be a required UTA for personnel who will be deploying later this year. It will be a time for keeping in close contact with supervisors for schedules. In addition to the above-mentioned activities, there will be special briefings to attend.

## New Secretary of the Air Force

The new Secretary of the Air Force, Dr. James G. Roche, has been sworn in at the Pentagon. A Department of Defense news release quotes Air Force Chief of Staff Michael E. Ryan as saying: "We welcome secretary Roche and his family to the Air Force Team. The secretary has had a distinguished and successful military and civilian career."

The Defense Department notes Secretary Roche is responsible for the functioning and efficiency of the Air Force, the formulation of the service's policies and programs, and the timely implementation of decisions and instructions of the president and the secretary of defense. The news release quotes Roche as saying: "Over the past decade, our nation has demanded increasingly more effort and sacrifice from the Air Force team – our active duty airmen, civil servants, guardsmen, reservists and contractors – and that team has responded brilliantly. We must now respond to this century's new and emerging national security environment by fostering even more constructive relationships among the services to more fully integrate for joint and combined operations."

## Time to Make a Will

*By Major Paul L. Pullum, Judge Advocate and MSgt Evelyn R. Fox, Law Office Manager*

The making of a Will is one of the most important acts in your life. A Will provides for the disposition of your property after your death, and can also be used to nominate a guardian and/or conservator for your minor child(ren), saving your family from potential custody battles and providing you with the peace of mind that your children will be raised by the person of your choice.

A Will is a written document that controls the disposition of a person's property (known as their estate) upon their death. The formal requirements for a Will vary from state to state, but generally include:

1. The maker of a Will (Testator) must be at least 18 years of age;
2. The Testator must be of sound mind;
3. The Will must be in writing; and
4. The Will must be witnessed by at least two qualified witnesses, and signed in strict accordance with technical formalities fixed by law.

A person may dispose of their property through a Will in nearly any manner they wish. However, a married person may not completely disinherit their spouse. In all states the spouse of a married person is entitled to at least a portion of the Testator's estate. (In Iowa the surviving spouse may claim one-third of the estate.) Further, a person is not required to leave their child any portion of their estate. But, if a Will fails to mention a Testator's child at all, the law presumes that the Testator merely forgot to provide for the child and will grant the forgotten child a portion of the estate. In the past, this rule frequently resulted in Wills in which a disfavored child was left one dollar. Today, such Wills usually recite that the Testator has intentionally made no provision for that child because he/she has been adequately provided for during the Testator's lifetime.

A Will can also be used to nominate a guardian and conservator for the Testator's minor child. The guardian is responsible for caring for the child, and the conservator is responsible for managing any property inherited by the child, until the child becomes an adult. A single individual can be both guardian and conservator. Although the final choice of who is to be guardian and/or conservator is up to the court, under Iowa law (and in most states) the person nominated in the Will has priority.

Once signed, a will remains in effect until it is revoked or admitted to probate upon the Testator's death. Changes in marital status, family members, in the amount and kind of property owned by the Testator, and changes in tax laws all may require changes to a Will. Any changes to the Will should be done with the assistance of an attorney. Do not attempt to change a will yourself by making hand written notes on the will, because this will often invalidate the will.

## RATS Page

*Terry Turner, MSgt ret.*



Another good crowd turned out for the June meeting of the RATS that was held at Aggie's in Sergeant Bluff. As always, a good time was had by all.

The next meeting will be July 5<sup>th</sup> at 6:30 p.m. at Godfather's Pizza in Sergeant Bluff. You'll be able to sample their pizza buffet with several types of pizza, spaghetti, salad and all that goes with it.

The August meeting will be a special reunion for all former air technicians and will be held at McCook Lake, South Dakota in the Isaac Walton pavilion starting at 5 p.m.

Hope to see you at the next RATS meetings.



## Hoops for Hearts

The 4th Annual Mark Bokemper Hoops for Hearts 3-on-3 Basketball Tournament will be held on 7 Jul 01 at the 185th FW.

In case of rain, the tournament will

be moved to 8 Jul 01. Vol-

unteers are needed to be

court monitors and officials. It

would be best if volunteers

could work the whole event, but

even a half-day would be helpful. Be

sure to fill out the registration forms

for your team soon! The fee is \$80 per

team and registration forms should be

out within the next month. The Hoops for Hearts is success-

ful because of the wonderful people who volunteer. Without

volunteers it could not happen. If anyone has questions or

wants to volunteer, please call Maj Kevin Fouts at 233-

0541 or Carol Fuller at 233-0839.

Mark Bokemper, 31, was a captain and budget analyst

with the 185th Fighter Wing, Iowa Air National Guard, and

died unexpectedly from cardiac arrhythmia. He was healthy

and unaware of his condition. Family, friends, and the Ameri-

can Heart Association have joined together in the fight against

heart disease and are determined to support research that

will make it easier to detect these types of heart conditions.



## Upcoming Events

19 August – Family Day at Okoboji. More information to follow – this is advance notice for scheduling purposes. It is a free event for unit members and their families.

9 September – Family Pancake Breakfast 0700—0900 — Family Readiness Group.





**Carl A. Laws,**  
*Sioux City, IA, is  
enlisting into  
Security Forces.*



**Daniel Moore,**  
*Sioux City East  
graduate, entering  
Aircraft Maintenance.*



**Bart Zediker,**  
*prior service Army  
and Army Guard from  
Sioux City, enlisting  
into Finance.*



**Arthur R. Baker,**  
*a Sioux City West  
graduate, is entering  
the Fire Department.*



**Jon Pinkelman,**  
*an Onawa Police  
Officer, is entering  
Security Forces.*



**Jesse Wheeler,**  
*student at Buena  
Vista, is entering  
Security Forces.*

## **Welcome New Recruits to the 185th Fighter Wing!**



**Beth Richter,**  
*Sioux City, IA, is  
enlisting into  
Information Mgmt.*

185FW/PA  
2920 Headquarters Ave  
Sioux City, IA 51111-1300

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